

#### Government of India.

# Ministry of Health and Family Welfare Department of Health and Family Welfare

Nirman Bhawan, New Delhi-110108

No. 11-25/2009-CGHS/SZ/CGHS(P)

Date: 22<sup>nd</sup> December, 2011

### OFFICE MEMORANDUM

## Sub: Expansion of Preventive Health Check up Project in CGHS Delhi.

A Pilot Project was initiated for Preventive Health Checkup at CGHS Wellness Centre R. K. Puram-V, New Delhi in the year 2010-11. On the basis of the feedback received and also keeping in view of the importance of Diagnosis of Chronic Non-communicable Health Problems at the preventive level, it has been decided to expand the project to other dispensaries of CGHS Delhi-NCR. 8 Wellness Centres have been identified in order to initiate the project activity which will cover the whole of CGHS Delhi as referral centres on zonal basis. The dispensaries are as follows-

- CGHS Wellness Centre, R.K. Puram-V(South Zone)
- CGHS Wellness Centre, Sadiq Nagar (South Zone)
- CGHS Wellness Center, Chanakya Puri (Central Zone)
- CGHS Wellness Centre, Pandara Road (Central Zone)
- CGHS Wellness Centre, Janakpuri-I(North Zone)
- CGHS Wellness Centre, Shalimar Bagh(North Zone)
- CGHS Wellness Centre, Kingsway Camp (East Zone)
- CGHS Wellness Centre, Ghaziabad (East Zone)

The beneficiaries of the same zone may be referred to the two project centres for Preventive Health Checkup depending upon the laid down criteria.

The beneficiaries above the age of 40 years are to be covered under this project. The beneficiaries' referral has to be done on-line through the In-charge The service beneficiaries should be issued a referral slip for further reimbursement at their own offices. Serving beneficiaries will not require any permission from their respective offices/departments for this purpose once they are referred by their respective CMO I/c to undergo Preventive Health Check up. Reimbursement would be done as per the package rate of Rs 790/- for man and Rs 875/- for woman beneficiary. Pensioner beneficiaries would be provided cashless facilities. M/s Hindlabs ( a unit of HLL Lifecare Ltd.), the service provider, would raise bills in respect of the preventive health check up scheme, directly to the Additional Director CGHS of the concerned zone.

Initially the project will operate on two days a week at every project centre (dispensary) which may be extended depending on the response received. It is decided to conduct Preventive Health Check up on 50 beneficiaries in a day at every project centre

M/s Hindlabs will conduct laboratory and E.C.G. investigation as per package for this Preventive Health Checkup. It will setup collection centres at 8 earmarked dispensaries along with facility for E.C.G.

There will be arrangement for proper health education by means of Audio-Visual and IEC materials at these project centres which will be supplementary to the clinical and laboratory investigations under this project.

CMO I/c of the Wellness Centres along with the In-charge of the project centres will maintain proper record of the activities for further evaluation of the project in future.

This project will start functioning w. e. f. 1st January, 2012.

All the CMO I/c of Wellness Centres are requested to take note of the new facility that has become available and to give wide publicity to the same in their Wellness Centres for the benefit of CGHS beneficiaries registered with them and refer the interested beneficiaries to the Preventive Health Checkup centres.

All Ministries/Departments are also requested to publicize this facility among their staff members and note that the expenditure incurred by the serving beneficiaries is to be reimbursed as per the package rate of Rs. 790/- and 875/- for man and woman beneficiary respectively for the purpose of Preventive Health Checkup. Any further information if required may be obtained from CMO Project at Office of the Additional Director, CGHS (HQ), New Delhi.

(V.P.SINGH)

Deputy Secretary to the Government of India

Telephone: 2306 1831

To

- 1. Director CGHS, Directorate General of Health Services, New Delhi.
- 2. Additional Director (Hqrs), Bikaner House, New Delhi.
- 3. All Additional Directors of CGHS in Delhi (EZ/SZ/NZ/CZ/MSD).
- 4. CMO I/c of all CGHS Wellness Centres and CGHS Hospitals in Delhi.
- 5. All Ministries/Departments of Government of India.
- 6. Project Manager, M/s Hindlabs (a unit of HLL Lifecare Ltd.),

#### Copy forwarded for information to:

- 1. PPS to AS & DG (CGHS), MoHFW, Nirman Bhawan, New Delhi.
- Medical Superintendents of Safdarjung Hospital and Dr. R. M. L. Hospital. New Delhi